



Yealmpton Primary Physical Education Curriculum Statement

Intent

At Yealmpton Primary School we believe that Physical Education should give all of our children, regardless of ability, an enjoyable experience, which they will continue on into their adult lives. We believe that developing children's physical confidence and competence by providing opportunities to be creative and competitive as individuals, groups and teams will promote a positive lifelong attitude towards an active and healthy lifestyle, as well as enhancing the capacity to learn for all members of the school community. We educate children about the importance of healthy and active lifestyles and how these can be achieved. We strive to develop your child's confidence and resilience in a variety of active environments and situations resulting in heightened self-esteem and self-belief. As a school, we ensure our values (The 5B's) are implemented in all our sessions and how these can lead the children to become: confident individuals, successful learners and responsible citizens.

Implementation

At Yealmpton, children have two lessons of Physical Education per week. In addition to being taught by their class teacher, children across the school are also taught by PE teachers and coaches from Arena who are specialists in their field. In concordance with this, the teachers use planning from arena to build fun and engaging PE sessions with a clear focus and a bank of activities which can be used to assess the children against the standards of the national curriculum. Our PE lessons incorporate a variety of sports, such as invasion games and gymnastics, to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses and also allow them to collaborate. Children in Years 4 and 5 attend swimming lessons at the local swimming pool where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes. In addition to PE in curriculum time, we also provide opportunities for children to access extra-curricular physical activity through a wide range of sporting and active clubs such as: football, tag-rugby, multi sports, netball, hockey, street dance, and gymnastics. We also promote children's engagement in competitions both within and outside of school giving the children opportunities to compete against other children in a fun environment allowing the children to develop team working, problem solving and resilience. We encourage the children to be active as often as possible and make it as fun as possible through events such as walk to school week and our healthy schools week wherein the children can take part in a range of new sporting experiences.

Impact

All children at Yealmpton receive a broad and balanced PE curriculum regardless of year group or ability. Every child accesses all of the key areas of the subject on offer at our school. The impact of our Physical Education lessons are healthier children who are enthusiastic in participating in a range of activities. Children understand the importance of being healthy and fit and have a positive attitude to leading an active lifestyle. Our lessons develop their physical ability, as well as building their character, team-work and problem solving skills. At Yealmpton, children understand and engage in competitive sports and have a great team spirit. Children are motivated to take part in competitions and represent the school in a team